





Introduction:

Kera-Diet is a food grade keratin hydrolysate, containing natural L-amino acids, extracted from an allowed and controlled source of keratin, in a registered plant.

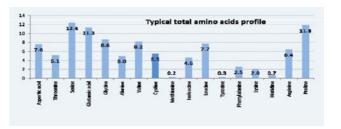


Improves hair and nails conditions: brightness, volume, density, growth, and vitality. Boosts keratinocytes endogenous Glutathione production. Traced origin, from a sustainable protein source. Stable and unique profile of 17 amino acids, 86,5% in free form.

Instant assimilation due to a very low molecular weight (100% < 800 Daltons).

Composition:

Items	Results
Dry matter	98.7%
Total amino acids (CE 152/2009)	88.4%
Included L-Cystine	≥ 5.0%
Crude ashes	7.5%
pH	4 - 6



Suggested dose: 300 to 1000 mg per day. Adapted to the following galenic form: hard capsules.

Bibliography:

Efficacy and Safety of L-Cystine Associated or not to a Natural Keratin (Kera-Diet®) Hydrolysate on Hair and Nails: Randomised, PlaceboControlled, Clinical Trial on **Healthy Females**

