

Testofen[®]



Introduction:

Testofen is a fenugreek extract standardized to 50% Fenuside™. Fenugreek contains over 100 phytochemical constituents, including Furostanol Saponins and Steroidal Saponins, and has multiple health applications. However, Testofen is a unique extract of fenugreek, standardized to a proprietary matrix of saponin glycosides that Gencor has named Fenuside. These constituents in Testofen can support healthy sexual desire and vitality*, muscle mass, free testosterone levels in men, and help reduce normal symptoms of Andropause.

Most of a man's testosterone is bound to Sex Hormone Binding Globulin (SHBG) and Albumin. Often, only 2–3% is in a free state. This free form of testosterone is responsible for many functions vital to ongoing health:

- Muscle mass
- Sexual drive
- Energy levels

Supplementing diets with products containing Testofen, and regular resistance exercise, can help men maintain healthy levels of free testosterone that are already within the normal range, which, in turn, supports multiple bodily functions.

Product benefits:

The following structure-function claims are provided here for informational purposes only and should be reviewed by your legal counsel prior to use in marketing materials, including product labels.

- Supports healthy levels of free testosterone*
- Promotes sexual desire and vitality*
- Reduces recovery time following sexual activity*
- Supports muscle mass*
- Promotes healthy energy levels*
- Helps reduce normal symptoms of Andropause in men over age 40*

Bibliography:

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Steels, E., Rao, A., Vitella L., "Physiological aspects of male libido enhanced by standardized *Trigonella foenum graecum* extract and mineral formulation." 2011, *Phytotherapy Rsch*, Vol. 25, 9, 1294-1300.

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Aswar, U., Bodhankar, S., Mohan, V., Thakurdesai, P., "Effect of Furostanol Glycosides from *Trigonella foenum graecum* on the Reproductive System of Male Albino Rats." 2010, *Phytotherapy Rsch*, Vol. 24, 1482-1488.